

## *The Ultimate Enlightenment For 2012: All We Need Is Ourselves*

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The Mayans were adept sky watchers, inventing a calendar of remarkable accuracy and complexity. We are fast approaching a 26,000 year evolutionary cycle (whereby the Earth transits through each of the 12 signs of the zodiac, with each sign representing approximately 2,152 years), one that will culminate with the noonday sun on the Winter Solstice of December 21, 2012. <sup>1</sup> It is at this time that the plane of our solar system will line up exactly with the plane of our galaxy, the Milky Way, a cycle that has taken 26,000 years to complete.

Pacal Votan (603 - 683 AD) was ruler of the Nah Chan Palenque (present day Chiapas, Mexico) for 52 years. He clearly understood that God was in everything, that *we are intimately linked with and informed by the galaxy.* <sup>2</sup> In keeping, *collective humanity is right now maturing into the being we have long been encoded to be.* <sup>3</sup>

As we speak, we are on the cusp of a new age, about to transition, as believed by the Hopi, to the beginning of the Mayan 6th world, a world that is actually blank, meaning that as co-creators the path we choose it up to us. The changes are already underway and will increase steadily as we drawn closer to 2012.

It becomes my choice to transcend another level (frequency or consciousness) so that I can take part in the co-creation of a new and special era, a time for all things positive, a time to imagine, a time for total brotherhood.

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<sup>1</sup> The Mayan Prophecy of 2012 website accessed on July 8, 2008 at <http://www.13moon.com/prophecy%20page.htm>

<sup>2</sup> Pacal Votan, King of The Classic Maya website accessed on July 8, 2008 at <http://www.13moon.com/pacal%20link.htm>

<sup>3</sup> The Mayan Prophecy of 2012 website accessed on July 8, 2008 at <http://www.13moon.com/prophecy%20page.htm>

The Hopi refer to this time between worlds as the Apocalypse or Revelation, a time of the revealing of truth. It has been foretold that the completion of this “time between worlds” will bring regeneration to the planet in that Mother Earth, a living entity, will transcend to another level (frequency or consciousness) and a new and special era will begin, a time for all things positive. Clearly, this is an important time for us to work through issues, both individually and collectively.

The Hopi and Mayan elders do not prophesy that everything will come to an end, but that this is merely a time of transition from one world age to another.

In keeping, there are questions that need to be asked.

Who am I?

Why am I here?

What is my purpose?

At some point, all will begin to ask these very questions of themselves. The journey of liberation and destination has begun, for it is this very questioning that drives one towards awakening. Quite simply, you become a seeker of your own truth, the truth that already exists within.

Love means compassion, kindness, caring, giving, sharing and harmlessness. In keeping with becoming that which we wish to see in this world, we must become Love.

Focus **not** upon what you think is wrong in your world. Instead, focus upon the Kingdom of Heaven, **manifested now**, within the hearts of all creatures, and upon Terra, and it shall be so. <sup>4</sup>

Love and Harmony are the prerequisites to bringing balance back to our world.

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<sup>4</sup> Prophecy, New Science and The Days to Come website accessed on July 8, 2008 at <http://www.shalomarproductions.com/home.php>

We must be willing to venture beyond the safe and limited parameters we have long lived our lives, moving into the unlimited realms where Gods and Goddesses abide. <sup>5</sup>

As one begins to expand their spiritual consciousness, they begin to realize that there is more to life, and the universe, than meets the eye. Creation is simply too astounding and phenomenal to be deemed haphazard. There is a oneness that pervades everything.

As your spiritual consciousness continues to grow, you find yourself understanding the underlying connection of everything, until you eventually have the realization that others are actually part of you, that you are a part of them, that all are one. Such lends itself superbly well to the Yucatec Mayan code of honor, *In Lak'ech*, which means **I am another yourself**.

Jon Peniel states that **when you become enlightened, you are very, very busy helping others to attain the same freedom, peace, and unselfish love you have found, or you go on and ascend to a higher vibrational plane. If you stay, you “work” for the universal spirit, so to speak. You align your will, with universal will, and thus you become very busy doing your little part in the “universal flow”**. <sup>6</sup>

In keeping, **according to the teachings of the Atlantean Children of the Law of One, universal principles dictate that the kind of world you live in, and the creation of your future world, is all up to you. It is entirely your choice, and in your power to change - all by just making changes in yourself**. <sup>7</sup>

Quite clearly, Peniel is speaking here of the Law of Attraction.

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<sup>5</sup> Prophecy, New Science and The Days to Come website accessed on July 8, 2008 at <http://www.shalomproductions.com/home.php>

<sup>6</sup> Peniel, Jon. (1997). *The Children of the Law of One and The Lost Teachings of Atlantis* (p. 37). Alamosa, CO: Network.

<sup>7</sup> Ibid, pp. 41-42.

The Law of Attraction is a universal reality, meaning, quite simply, that we attract into our lives that which we focus on and give power (energy) to, whether it be negative (fear, anger, worry, stress, hate) or positive (love, peace of mind, health, well-being, wealth, success, happiness).

The *quality of our world* depends upon the *quality of our thoughts* as individuals.

If the majority of individuals are positive and successful, then society itself will naturally be positive, successful, and prosperous. By comparison, however, if the majority of people are negative, hateful, and unsuccessful, then people will live in unhappy, unsuccessful, perhaps even dire circumstances. As a Man Thinketh, so, too, a Society Thinketh. It really is simple cause and effect.

WHEN THOUGHT IS CHANGED, FATE IS CHANGED. THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT.

Even Buddha understood this universal law when he stated that **we are shaped by our thoughts**, thereby becoming what we think. Regardless of whether or not you believe it, your beliefs, your feelings, your thoughts, control your destiny.

When you look at it this way, it is as if we each have an individual responsibility to be positive and to help others be positive. This means that if you take it upon yourself to condition your mind be positive, to help other people, to be successful, to fill your life with happiness, then we will have accomplished something of significant importance, one that will greatly impact the future of this planet for the better.

For you see, if you help two people, and they help two people, it is through the miraculous power of compounded growth that we can create massive social improvement for all of us that will spread throughout the world.

The world outside you will change according to the changes you make within yourself.

I see this as being a very exciting time. Knowing that we create our own reality by the very thoughts that we think, the very words that we verbalize, the very actions that we employ, now is the time to learn to let go of fear and concentrate solely on the expansion of love and forgiveness.

### BIOGRAPHICAL INFORMATION

Michele Doucette is webmistress of [Portals of Spirit](#). A *Level 2 Reiki Practitioner*, she sends long-distance Reiki energies to those who make the request, claiming only to be a *facilitator* of the Universal Energy, meaning that it is up to the individual(s) in question to use these energies in order to heal themselves. Holding a *Crystal Healing Practitioner* diploma (obtained through Stonebridge College in the UK), she is caretaker and guardian to many crystals of the mineral kingdom, including 44 contemporary crystal skulls.

*The Ultimate Enlightenment For 2012: All We Need Is Ourselves*, her first ebook, was released on July 13, 2007. Since that time, she has also written two additional ebooks, *The Cosmos of the Soul*, a sort of spiritual biography, and *Turn Off The TV and Turn On Your Mind*.

In addition, Michele has researched and written several essays, both of which are located on her website. She also works as official editor for several published individuals.

If anything contained in this brief outline, from *The Ultimate Enlightenment For 2012: All We Need Is Ourselves*, resonates with the truth of your BE-ing, please direct yourselves to her website where additional information can be gleaned.